



**USD 434 Santa Fe Trail School District
COVID-19 Self-Check Agreement**

(Revised 8/12/2020)

In order to keep our students and staff safe and healthy, and to do our best to keep our school buildings open, USD 434 parents need to do a daily COVID-19 self-check with those residing in their home. We are requesting an ongoing commitment from all staff, students, parents and guardians in our school district.

If someone is showing the emergency warning signs for COVID-19, seek emergency medical care immediately for:

- trouble breathing;
- persistent pain / pressure in the chest;
- new confusion;
- an inability to wake up or stay awake; or
- bluish lips or face.

Call your medical provider if your student has these or any other symptoms that are concerning to you.

A daily self-check is the best way to keep everyone safe, and it considers the following items:

1. **Check for typical COVID-19 symptoms.** Symptoms may appear 2-14 days after exposure to the virus. According to the CDC, symptoms of COVID-19 are:
 - fever or chills;
 - cough;
 - headache;
 - fatigue;
 - muscle or body aches;
 - new loss of taste or smell;
 - sore throat;
 - congestion or runny nose;
 - nausea or vomiting, and/or diarrhea; or
 - shortness of breath or difficulty breathing.If your child wakes up with any symptoms they should stay home.
2. **Check their temperature.** If your child's temperature is 100.0 degrees or higher, they should stay home.
3. **Recent travel.** If your student traveled to a location on the KDHE Travel-Related Quarantine List they should stay home.
4. **Currently quarantined.** If your student has been quarantined, do not send your student(s) to school.
5. **Pending COVID-19 test.** If your student has been tested they should stay home until results are available. Following testing they should follow the advice of their healthcare provider and/or the Osage County health department.
6. **Testing at home.** If someone residing in the home has symptoms and has been tested, your student(s) should stay home until results are available. Following the results please follow the advice of the healthcare provider and/or the Osage County health department.
7. **Exposure at home.** If your student has had known exposure do not send them to school.
8. **Positive COVID-19 test.** If your student has a positive COVID-19 test result, please notify the Osage County Health Department and their school. Other students and building staff may be considered close contacts and could be excluded from school for the 14-day quarantine period. This period begins after the last exposure to the positive case or as directed by the medical provider and/or the Osage County health department.
8. **Positive COVID-19 test in the home.** If someone in the household has a positive COVID-19 test and your student(s) are quarantined, please keep them home and notify the school daily of your student's absence.

"I understand the COVID-19 screening expectations of USD 434, and will comply with these guidelines as requested."

Students Name (Printed): _____

Grade: _____

Parent/Guardian Name (Printed): _____

Date: _____

Parent/Guardian Signature: _____

Santa Fe Trail USD 434

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